OCTOBER 2026

			Thu 1	Fri 2
			Smothered Chicken Green Peas White Rice Biscuit	French Bread Pizza Roasted Broccoli - Eat Fit Churros
Mon 5	Tue 6	Wed 7	Thu 8	Fri 9
No Information Provided	No Information Provided	No Information Provided	No Information Provided	No Information Provided
Mon 12	Tue 13	Wed 14	Thu 15	Fri 16
Red Beans and Rice Smoked Sausage Cauliflower - Eat Fit Cornbread	Fried Chicken Tenders Roasted Broccoli - Eat Fit Mac & Cheese Bread Roll	Meatballs & Marinara Green Beans Spaghetti Garlic Bread	Orange Chicken Stir Fried Vegetables Veggie Fried Rice	Pepperoni Pizza Buttered Corn Side Salad
Mon 19	Tue 20	Wed 21	Thu 22	Fri 23
Tortellini Pasta Rosa Broccoli and Cauliflower Garlic Breadstick	Chicken and Waffles Steamed Carrots	Grilled Cheese Sandwich Tomato Basil Soup Green Beans	Beef Tacos Buttered Corn Spanish Rice	Fried Fish Green Beans Louisiana Dirty Rice
Mon 26	Tue 27	Wed 28	Thu 29	Fri 30
Red Beans and Rice Smoked Sausage Steamed Carrots Cornbread	Crispy Chicken Sandwich Roasted Broccoli - Eat Fit Mashed Potatoes	Belgium Waffles Breakfast Sausage Scrambled Eggs - Eat Fit Tater Tots	Blackened Chicken Alfredo Pasta Mixed Vegetables - Eat Fit Garlic Bread	Mummy Dogs Side Salad French Fries