

St. Paul's Episcopal School Lunch Menu April 2023



Fresh Fruit & Milk Offered Daily Salad Bar Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	3	4	5	6	7	
WEEK 1	Red Beans & Rice	Chicken Bites	Ham & Cheese Wrap			
	Smoked Sausage	Mac and Cheese	Cheese Crackers	Spring Break	Spring Break	
	Buttered Carrots	Roasted Broccoli	Celery Sticks			
	Cornbread					
	10	11	12	13	14	
WEEK 2			Meatballs & Spaghetti	Beef Nachos	Cheese Pizza	
	Spring Break	Spring Break	Green Beans	Black Beans	Pepperoni Pizza	
			Garlic Bread	Street Corn	Buttered Corn	
					Friday Treat!	
	17	18	19	20	21	
WEEK 3	Stewed Chicken	Chicken Nuggets	Cajun Crawfish Pasta	Beef Tacos	Hot Dogs	
	Rice	Mashed Potatoes	Green Beans	Refried Beans	(w/ chili or cheese)	
	Mixed Vegetables	Fresh Salad	Garlic Roll	Yellow Rice	French Fries	
	Bread Roll				Roasted Brussel Sprouts	
					Friday Treat!	
	24	25	26	27	28	
WEEK 4	Red Beans & Rice	Brunch	Hamburgers	Shrimp Quesadilla		
	Smoked Sausage	Pancakes	Roasted Potatoes	Buttered Corn	No Lunch	
	Roasted Cauliflower	Bacon	Baked Beans	Black Beans		
	Cornbread	Hash Browns				

Many ingredients are produced in a plant that processes wheat, soy, milk, eggs, shellfish, fish, tree nuts, and peanuts. Even though a recipe may be free of said allergens, we cannot absolutely guarantee that there are no other major allergens present.