



St. Paul's Episcopal School

Lunch Menu

September 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	31 Red Beans & Rice Smoked Sausage Roasted Cauliflower Cornbread	1 Chicken Tenders Baked Tater Tots Buttered Carrots	2 Baked Ziti Side Caesar Salad Breadstick	3 Chicken Tacos Buttered Corn Refried Beans	4 French Bread Pizza Roasted Broccoli Churros	
WEEK 2	7 Labor Day	8 Chicken Nuggets Mashed Potatoes Roasted Broccoli Biscuit	9 Greek Chicken Cucumber Tomato Feta Salad Hummus & Tzatziki Pita Bread	10 BRUNCH Pancakes Scrambled Eggs Baked Apples Bacon	11 Fried Fish Potato Wedges Buttered Corn	
WEEK 3	14 Red Beans & Rice Smoked Sausage Buttered Carrots Cornbread	25 Chicken Sandwich Mac & Cheese Green Beans	16 Beef Nachos White Queso Salsa Black Beans	17 Teriyaki Chicken Lo Mein Stir Fry Vegetables	18 Pepperoni Pizza Roasted Broccoli Garlic Breadstick	
WEEK 4	21 Meatballs & Spaghetti Sonoma Mixed Vegetables Garlic Bread	22 Chicken & Waffles Buttered Carrots	23 Hamburgers French Fries Roasted Brussel Sprouts	24 Chicken Quesadilla Refried Beans Yellow Rice	25 Crawfish Riley Smothered Green Beans Buttered French Bread	
WEEK 5	28 Red Beans & Rice Smoked Sausage Roasted Cauliflower Cornbread	29 Chicken Nuggets Mac & Cheese Buttered Carrots	30 Lasagna Smothered Green Beans Garlic Bread	1 Smothered Chicken Rice & Gravy Green Peas Biscuit	2 French Bread Pizza Roasted Broccoli Churros	