	ST. PAULS LAREYTER THE FUTURE IS HERE OPAL SCH	St. Paul's Episcopal School Lunch Menu December 2023 Fruit, Milk, & Salad Bar Offered Daily			Pigeon CATERING AND EVENTS	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	4 Red Beans & Rice Smoked Sausage Roasted Cauliflower Cornbread	5 Chicken Nuggets Mashed Potatoes Green Peas	6 Chicken Sandwich Mac & Cheese Green Beans	7 Beef Nachos Black Beans Buttered Corn	8 Pepperoni Pizza Roasted Broccoli Side Salad	
WEEK 2	11 Smothered Chicken Rice Green Peas	12 Shepard's Pie Green Peas & Carrots Bread Roll	13 Chicken Quesadilla Refried Beans Yellow Rice	14 Spaghetti & Meatballs Green Beans Garlic Bread	15 Chicken Nuggets Mac & Cheese Roasted Broccoli	
WEEK 3	18 Jambalaya Mixed Vegetables Bread Roll	19 Chicken & Waffles Mashed Sweet Potatoes	20 Christmas Break	21 Christmas Break	22 Christmas Break	
WEEK 4	25 Merry Christmas!!!!	26	27	28	29	

*Many ingredients are produced in a plant that processes wheat, soy, milk, eggs, shellfish, fish, tree nuts, and peanuts. Even though a recipe may be free of said allergens, we cannot absolutely guarantee that there are no other major allergens present. *This institution is an equal opportunity provider.