

St. Paul's Episcopal School

Lunch Menu

February 2023

Fresh Fruit & Milk Offered Daily

Salad Bar Available Daily



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1			1 Beef Nachos Black Beans Buttered Corn	2 Chicken Alfredo Green Beans Garlic Bread	3 Pizza Bagels Roasted Broccoli Friday Treat!	
WEEK 2	6 Stewed Chicken Rice & Gravy Green Peas	7 Chicken Tenders Mac and Cheese Roasted Broccoli	8 Meatballs & Spaghetti Green Beans Garlic Bread	9 Beef Tacos Yellow Rice Refried Beans	10 Cheese Pizza Pepperoni Pizza Buttered Corn Friday Treat!	
WEEK 3	13 Red Beans & Rice Smoked Sausage Roasted Cauliflower Cornbread	14 BRUNCH! Waffles Bacon Scrambled Eggs	15 Grilled Cheese Tomato Basil Soup Buttered Carrots	16 Crispy Chicken Sandwich Roasted Potatoes Roasted Broccoli	17 Pizza Quesadilla Buttered Corn Friday Treat!	
WEEK 4	20 Mardi Gras Holidays!	21 Mardi Gras Holidays!	22 Mardi Gras Holidays!	23 Mardi Gras Holidays!	24 Mardi Gras Holidays!	
WEEK 5	27 Chicken and Sausage Gumbo Rice Roasted Broccoli Bread Roll	28 Chicken Nuggets Mashed Potatoes Green Peas				

Many ingredients are produced in a plant that processes wheat, soy, milk, eggs, shellfish, fish, tree nuts, and peanuts. Even though a recipe may be free of said allergens, we cannot absolutely guarantee that there are no other major allergens present.

*Pigeon Catering is an equal opportunity provider.