

St. Paul's Episcopal School

Lunch Menu

January 2023

Fresh Fruit & Milk Offered Daily

Salad Bar Available Daily



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	2 <i>Christmas Break</i>	3 Chicken Pesto Pasta Buttered Carrots Garlic Bread	4 BRUNCH! Pancakes Bacon Scrambled Eggs	5 BBQ Chicken Tenders Mac & Cheese Buttered Corn	6 Pizza Bagels Roasted Broccoli Friday Treat!
WEEK 2	9 Red Beans & Rice Smoked Sausage Roasted Cauliflower Cornbread	10 Chicken Nuggets Mashed Potatoes Roasted Broccoli	11 Meatballs & Spaghetti Green Beans Garlic Bread	12 Beef Tacos Yellow Rice Refried Beans	13 Cheese Pizza Pepperoni Pizza Buttered Corn Friday Treat!
WEEK 3	16 <i>Martin Luther King Day</i>	17 Chicken and Sausage Gumbo Cauliflower Bread Roll	18 Salisbury Steak Mashed Potatoes & Gravy Green Beans	19 Orange Chicken Fried Rice Stir Fried Vegetables	20 Pizza Quesadilla Buttered Corn Friday Treat!
WEEK 4	23 Hot Dogs & Chili Tater Tots Roasted Broccoli	24 Chicken Bites Mac and Cheese Green Peas	25 Spaghetti & Meat Sauce Green Beans Garlic Bread	26 Pastalaya Roasted Cauliflower Bread Roll	27 Cheese Pizza Pepperoni Pizza Side Salad Friday Treat!
WEEK 5	30 Red Beans & Rice Smoked Sausage Buttered Carrots Corn Bread	31 Hamburgers French Fries Roasted Brussel Sprouts			

Many ingredients are produced in a plant that processes wheat, soy, milk, eggs, shellfish, fish, tree nuts, and peanuts. Even though a recipe may be free of said allergens, we cannot absolutely guarantee that there are no other major allergens present.

*Pigeon Catering is an equal opportunity provider.