



St. Paul's Episcopal School

Lunch Menu

September 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1			1 Chicken Parmesan Zucchini Fries Whole Wheat Penne Garlic Bread	2 Orange Chicken Veggie Fried Rice Snap Peas	3 Cheese Pizza Mixed Vegetables	
WEEK 2	6 Labor Day	7 Chicken Tenders Macaroni & Cheese Broccoli	8 Meatball Po-Boy Carrots French Fries	9 BRUNCH FOR LUNCH Pancakes Grits Sausage Tater Tots	10 Pepperoni Pizza Mixed Vegetables	
WEEK 3	13 Baked Chicken Rice and Gravy Mixed Vegetables	14 Chicken Tenders Macaroni & Cheese Broccoli	15 Chicken Alfredo Chopped Spinach Garlic Bread	16 Cajun Shrimp Pasta Cauliflower	17 Cheese Pizza Mixed Vegetables	
WEEK 4	20 Red Beans and Rice Sausage Cauliflower Cornbread	21 Chicken Tenders Macaroni & Cheese Broccoli	23 Salisbury Steak Green Beans Mashed Potatoes	24 Grilled Cheese Tomato Basil Soup	25 Pepperoni Pizza Mixed Vegetables	
	28 Chicken Andouille Gumbo Rice Peas	29 Chicken Tenders Macaroni & Cheese Broccoli	30 Chicken Parmesan Zucchini Fries Whole Wheat Penne Garlic Bread			

Many ingredients are produced in a plant that processes wheat, soy, milk, eggs, shellfish, fish, tree nuts, and peanuts. Even though a recipe may be free of said allergens, we cannot absolutely guarantee that there are no other major allergens present.

*This institution is an equal opportunity provider.